

Fußball Trainingsplan 2021-2022

Uhrzeiten	MONTAG	Uhrzeiten	DIENSTAG	Uhrzeiten	MITTWOCH	Uhrzeiten	DONNERSTAG
07:30 - 08:20		07:30 - 08:20		07:30 - 08:20	BuS 4B Evelyn	07:30 - 08:20	
08:20 - 09:10		08:20 - 09:10	BUS-1AB-FW Evelyn/Stefan/Arnold	08:20 - 09:10	BuS 4B Evelyn	BuS 3B-Fowi Stefan	08:20 - 09:10
09:10 - 10:00		09:10 - 10:00	BUS-1AB-FW Evelyn/Stefan/Arnold	09:10 - 10:00		BuS 3B-Fowi Stefan	09:10 - 10:00
10:00 - 10:20	Pause	10:00 - 10:20	Pause	10:00 - 10:20	Pause	10:00 - 10:20	Pause
10:20 - 11:10	FB G2 Arnold, Giampaolo	10:20 - 11:10	FB G3/G4/G5 Arnold, Daniel, Giampaolo, Stefan	10:20 - 11:10	FB G1/G2 Arnold, Daniel, Giampaolo, Stefan	10:20 - 11:10	FB G3/G4/G5 Arnold, Daniel, Giampaolo, Stefan
11:10 - 12:00	FB G2 Arnold, Giampaolo	11:10 - 12:00	FB G3/G4/G5 Arnold, Daniel, Giampaolo, Stefan	11:10 - 12:00	FB G1/G2 Arnold, Daniel, Giampaolo, Stefan	11:10 - 12:00	
12:00 - 12:50	FB G2 Arnold, Giampaolo	12:00 - 12:50	FB G3/G4/G5 Arnold, Daniel, Giampaolo, Stefan	12:00 - 12:50	FB G1/G2 Arnold, Daniel, Giampaolo, Stefan	12:00 - 12:50	
Mittagspause							
13:40 - 14:30	Unterricht			13:40 - 14:30			
14:30 - 15:20	FB G1 Daniel, Stefan	14:15-16:00	Freiwilligen-Training G1/G2/G3/G4/G5	14:30 - 15:15		14:15-16:00	
15:20 - 16:10	FB G1 Daniel, Stefan		Freiwilligen-Training G1/G2/G3/G4/G5	15:15 - 15:55	BuS 5B-Fowi Stefan/Testspiele		
16:10 - 17:00	FB G1 Daniel, Stefan			15:55 - 16:35	BuS 5B-Fowi Stefan/Testspiele		

Trainer: Arnold Schwellensattl
Daniel Alois Ortler
Giampaolo Morabito
Stefan Federspiel

Legende:

FB Fussballtraining
G1 1. Klasse
G2 2. Klasse
G3 3. Klasse
G4 4. Klasse
G5 5. Klasse
BUS Athletiktraining

DER DIREKTOR

Werner Oberthaler